



June:

LGBTQ+ Pride Month

Did You Know?

KBKG/KROST DE&I COMMITTEE EXPLAINS

We celebrate Pride Month annually in June to acknowledge the Stonewall riots in Manhattan in 1969, and rally support for the Lesbian, Gay, Bisexual, Transgender, Queer and all other gender identities (LGBTQ+) Community. The Stonewall Riots were not the first time that LGBTQ+ people stood up against police harassment, but is the most well known, and has the most direct link to the creation of Pride as we know it today.

The Stonewall Inn in New York City had a reputation for being friendly to the LGBTQ+ community, and on June 28th, 1969 the police raided the bar, forcing

patrons into waiting squad cars.

Tensions rose and riots broke out on that spot, leading to six days of unrest. Following this, organizers wanted to build on this rallying point, and counter the perception of the prevailing attitude of shame, which is how the theme of "Gay Pride" was born.

Cities around the world celebrate Pride Month with parades, marches, runs and parties that are all great ways to show your support!

We want to know about your traditions, customs, and cultural recipes.

[TELL US!](#)



We recognize this list is not comprehensive. If we missed a celebration that is important to you, please share with us!

**ALL MONTH**

Men's Health Month

Men's Health Month brings awareness to health issues including prostate and testicular cancer. Men are encouraged to have proper screenings and care for early detection.

[READ MORE](#)**JUNE 1**

Global Running Day

Global Running Day encourages people to get moving to help improve physical and mental health. Running can help reduce anxiety and help your overall well-being.

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Global Day of Parents

The United Nations declared the Global Day of Parents to be observed annually since 2012. This day honors parents all over the world for their commitments and sacrifices.

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Shavuot (Jewish)

Shavout is a Jewish holiday that historically marked the wheat harvest in Israel and the conclusion of the Counting of the Omer. It is customary to stay up all night reading the Torah and eat dairy dishes.

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Pentecost (Christian)

Pentecost is a major festival in the Christian church that takes place 50 days after Easter. It commemorates the Decent of the Holy Spirit, following the resurrection of Jesus Christ.

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D-Day

D-Day took place on June 6, 1944, during World War II. On this day, Allied forces conducted the largest invasion in history on the coast of Nazi-occupied Normandy. The day marks the beginning of the end of WWII.

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**JUNE 11**

World Oceans Day

An international holiday to commemorate how important the oceans are to the Earth. As sources of oxygen and food, and climate regulation, the conservation of the oceans is key to our longevity.

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Kamehameha Day

A public Holiday in Hawaii, this Holiday is celebrated to honor the Monarch who united the Kingdom of Hawaii. He was a pioneer who introduced human rights laws in times of war. This year will be the 150th Anniversary of the holiday.

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Flag Day

This day celebrates the birthday of the American flag, which was first adopted June 14th, 1777. The flag is a symbol of the fledgling country's unity, giving the country a fighting chance to survive.

[READ MORE](#)**JUNE 19**

Father's Day

Father's Day is celebrated the third Sunday of June in the United States, commemorating the crucial role they play in people's lives. It has origins in 1908 but first celebrated as we know it in 1910.

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Juneteenth

Juneteenth is a celebration observing the adoption of the Emancipation Proclamation in all states, some two years after its issuance. After the end of the Civil War, the last slaves in Texas were informed of their freedom June 19th, 1865.

[READ MORE](#)**JUNE 27**

National PTSD Awareness Day

Each June, PTSD Awareness Month culminates with a day dedicated to awareness and removing the stigma surrounding PTSD. Between 7-8% of Americans are affected, most unaware of the resources available to help.

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